

WE ARE READY

TO IMPROVE YOUR HEALTH

Studies show that knowing more about your medications and managing your health conditions may keep you healthy and out of the hospital.

The Care Transitions program gives you the tools to meet your goals.

A Community Health Care Worker (CHW), will call or visit you as needed resolving problems that could land you back in the hospital.

Your Community Health Worker will link you to the pharmacist who will review medications with you, answer questions and provide education about interactions that could be problematic.



Our toll-free line will direct you to a **Certified Information and Referral Specialist** who is trained to help connect you to available resources and services.

Making the connection is the first step in finding help for you, loved ones, or friends.

PHONES ARE ANSWERED:
Monday-Friday 8:30 am-11:30 am and 12:30 pm-4:00 pm

Call Today

(800) 858-1637



REGION VII AREA AGENCY ON AGING

1615 S. Euclid Ave., Bay City, MI 48706

Toll Free: 1 (800) 858-1637

or (989) 893-4506

Fax: (989) 893-3770

Website: <https://region7aaa.org>

Office Hours: 8:30 a.m. to 4:00 p.m.



REGION VII AREA AGENCY ON AGING

Care Transitions



YOUR HEALTH

IS OUR PRIORITY

CARE TRANSITIONS

A program that helps people age 60 and older transition from hospital to home and stay home with the help of a Community Health Worker.



TESTIMONIALS

“Both myself and my wife were very happy with all of the services that were provided with this service.”

“The CHW helped me get an appointment with the neurologist when no one else could help me.”

“The CHW was very good and very professional when helping me transition home.”

“This service went above and beyond my expectations.”

LET US GUIDE YOU AND HELP YOU STAY OUT OF THE HOSPITAL

As we age, the risk of being readmitted to the hospital after a recent stay, increases. The Care Transitions team works to reduce the risk of a readmission to the hospital and help you succeed in the community. The program will help you with:

1. Understanding Your Medications

A pharmacist will be available to review your medications and answer your questions.

2. Setting Red Flag Warnings

The CHW and Pharmacist will assist in setting Red Flag Warnings, signs that your health conditions are worsening, and provide guidance on the next steps to take.

3. Health Education

The CHW and Pharmacist will work with you to better understand your acute and chronic health conditions.

4. Post-hospitalization Doctors Visits

The CHW will help coach and assist on setting up your post-hospitalization doctors visits within 7 days of hospital discharge.



5. Community Resources

The CHW will work to connect you to a variety of community resources that will help you succeed in home.

6. Follow-up

The CHW will provide regular follow-up calls to ensure health is improving and needs are being met.