



REGION VII AREA AGENCY ON AGING



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1615 S. Euclid Ave.  
Bay City, MI 48706

**Call today:**  
**1-800-858-1637 or**  
**(989) 893-4506**

**Phones Answered:**  
**Monday-Friday**  
8:30 a.m. - 11:30 a.m. and  
12:30 p.m. - 4:00 p.m.

**Visit our website:**  
[www.region7aaa.org](http://www.region7aaa.org)



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## MI Choice Michigan's Medicaid Home and Community Based Waiver

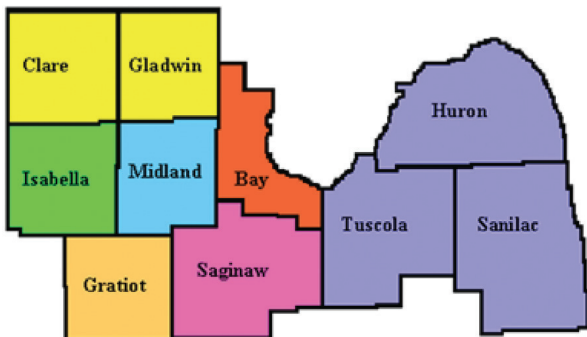
*MI Choice and Region VII AAA  
help older adults and persons with  
disabilities remain independent  
in the home of their choice.*



The MI Choice Waiver program is for people who are:

- Eligible for Medicaid
  - Region VII AAA can help with the application
- Meet nursing facility level of care (based on state-required assessment)
- Age 65 or older, or
- Age 18 to 64 with a disability

Region VII Area Agency on Aging's planning and service area includes the counties shown below:



MI Choice is a waiver program operated by the Michigan Department of Health and Human Services (MDHHS) and approved by the Centers for Medicare & Medicaid Services (CMS) under sections 1915(b) and 1915(c) of the Social Security Act.



*Region VII AAA is accredited by the  
National Committee for Quality  
Assurance for Case Management of  
Long-Term Services.*

## Why MI Choice

MI Choice provides help in the home or community for people who would otherwise need to live in a nursing home. The program coordinates services and supports needed for people to live in the home of their choice and do things they enjoy in the community.

Participants, with assistance from Region VII staff, develop a person-centered service plan that caregivers and others follow based on how participants want their services to be provided. Participants may choose either an agency to provide caregivers, or select the self-determination option that allows them to hire their own caregivers.



## How it works



A Registered Nurse and/or a licensed Social Worker will visit and do an assessment of your physical, social, and emotional needs. They will ask questions about where you live, or where you plan to live if you are in a nursing home. They will want to know about your financial situation, medications you take, and if there are friends or family who are available to help you maintain your home or assist with your personal needs.

Participants of the Medicaid MI Choice Waiver receive follow-up phone calls on a routine basis and re-assessments on regular intervals. Should a change in a participant's care needs occur, services can be adjusted to ensure their needs are met.

## The MI Choice Waiver offers

- participation in an adult day program
- chore services
- community living supports
- short-term, limited counseling services
- goods and services
- home modifications/accessibility items
- fiscal intermediary services (for those who choose to hire their own staff)
- home-delivered meals
- transportation (non-medical as well as healthcare related rides)
- personal emergency response system
- private duty nursing and respiratory care
- respite (in or out of home)
- specialized medical equipment/supplies
- supports coordination
- training
- nursing services (for monitoring of health conditions)

### Is the MI Choice Waiver right for you?

A nurse from Region VII Area Agency on Aging will review your referral and determine if you appear to meet the program requirements. If it appears that you may be eligible, an in-home assessment will be scheduled at a time convenient for you.

For persons who don't meet the MI Choice Waiver requirements, Region VII AAA staff will provide resources and programs in the community that may be helpful. Call Region VII Area Agency on Aging at 1-800-858-1637 to find out more, or visit [www.region7aaa.org](http://www.region7aaa.org).