



REGION VII AREA AGENCY ON AGING



OLDER
AMERICANS
MONTH



AGING UNBOUND: MAY 2023

Annual Report
Fiscal Year 2022

Executive Director's Thanks

To Region VII Shareholders:



As we approach summer and the end of another successful fiscal year, I want to take this opportunity to express my deep appreciation to all Region VII / Sunrise PACE employees for their hard work and dedication. Your commitment to serving the seniors and disabled adults of our community is truly inspiring, and I am continually impressed by your unwavering determination to provide compassionate and high-quality care.

Throughout the past year we have faced many challenges. From navigating the ongoing public health emergency to adapting to changes in funding and resources, you have done so with grace and the will to succeed. While navigating these obstacles, you went above and beyond to ensure that our clients receive the support they need to age with dignity and independence.

I also want to thank our Board of Directors for your support and guidance throughout the year. Your commitment to Region VII's mission has been invaluable, and we are grateful for your leadership and vision.

Looking ahead to the coming year, I am excited to announce several upcoming changes that will help us continue to provide the best possible services to our clients. These changes include: implementing new software systems to streamline our operations and improve communication between staff and clients; and expanding our outreach efforts to better serve underserved and marginalized communities, including those who may be isolated or lack access to resources.

Through my almost twenty years of service to Area Agencies on Aging, I have heard the phrase countless times, "The Area Agency on Aging is the best kept secret". While that may be true in some instances, my response is always going to be "in their time of need our clients find us and we serve them well". And to that testament, over 12,000 people had their calls answered by Region VII staff last year. On a daily basis we serve more than 1,000 people by providing services that enable them to remain living in their own homes and communities. This does not include the thousands we have served through our dental, vision and hearing programs. This level of service is primarily achieved through the grass roots efforts and word of mouth by our clients, employees, board, advisory council, and community partners.

I am confident that by continuing to invest in our employees through professional development opportunities, competitive compensation and benefit packages, a supportive and inclusive work culture, continued dedication and hard work, we will achieve our mission to provide effective and innovative care to improve the well-being of community residents. Thank you for all that you do, and here's to another successful year ahead.

Sincerely,

A handwritten signature in blue ink that reads "Bob Brown". The signature is written in a cursive, flowing style.

Executive Director

2022 Board of Directors

The Region VII Area Agency on Aging's Board of Directors is appointed by the County Commissioners to represent the interests of people age 60 or older in their respective communities and those who support and advocate for older adults. The Advisory Council Chairperson is also a member of the Board.

Bay County	Pat Beson- <i>Treasurer</i>
Clare County	Mike Tobin
Gladwin County	Joel Vernier
Gratiot County	Corinne Netzley- <i>Vice Chair</i>
Huron County	Dan Glaza
Isabella County	Joseph Sowmick
Midland County	Yvonne Corbat- <i>Member at Large</i>
Saginaw County	Darryl Thomas
Sanilac County	William Walters- <i>Secretary</i>
Sanilac County	Christine Lee
Tuscola County	William Sanders- <i>Chair</i>
City of Saginaw	Brenda Moore
Advisory Council Liaison	William Walters- <i>Secretary</i>

Thank you

Thank You for your Service:

On behalf of Region VII AAA, we would like to thank Yvonne Corbat for her 21 years of service on the Board of Directors, for which she served as Board Chair for 14 of those years. Under her leadership, the agency experienced tremendous growth and efficiency. She has shared her wealth of knowledge and provided excellent guidance over the past 21 years. We wish her well on her next adventure.



2022 Financial Information

REVENUE

Federal Funds	5,086,478
State Funds	3,537,668
MI Choice Medicaid Waiver	30,984,768
Veterans Directed Home & Community Based	84,655
Nutrition Services Incentive Program	776,590
Program of All Inclusive Care for the Elderly (PACE)	2,453,693
Local Contributions/In-kind/Other	543,314
TOTAL	43,467,166

EXPENDITURES

AAA Administration	408,014
Home Delivered Meals	2,176,248
Congregate Nutrition	775,183
Nutrition Services Incentive Program	776,590
Care Management	521,766
State In-Home, Respite, & Alternate Care Services	1,668,211
Ombudsman	98,862
Senior Community Service Employment	330,434
Title III-B Services	1,710,272
Preventive Health	61,495
National Family Caregiver Support	413,265
Elder Abuse Prevention	5,487
MI Choice Medicaid Waiver	27,838,250
Veterans Directed Home & Community Based	84,655
Other Health Services	540,965
Medicare/Medicaid Assistance Program.....	82,873
Program of All Inclusive Care for the Elderly (PACE)	3,778,096
Other Grant & Local Expenditures	2,302,917
Excess (Deficit) Support and Revenue	(106,417)
TOTAL:	43,467,166

Care Management

464 people served

A person-centered assessment, care plan, and supports coordination for people in need of nursing facility level of care. No financial eligibility is required. Donations and cost sharing are encouraged.

Case Coordination and Support

6,573 people served/34,598 hours

Assistance provided to older adults to determine necessary supports, and subsequent linking to and coordination of services to meet their needs.

Information & Assistance

12,956 people served/2,861.72 hours

AIRS Certified Information & Assistance specialists help people connect to programs and services available within the aging network as well as community resources.

Medicare & Medicaid Assistance Program (MMAP)

9,118 clients

Volunteers and paid staff throughout the Region VII AAA planning and service area assist people with Medicare and Medicaid questions, review plan options and help older adults determine if they are eligible for extra help paying premiums and prescription drug costs.

MI Choice Home and Community-based Waiver

1,203 people served/899,790 hours

Provides home and community-based services and supports to people age 65 or older as well as adults age 18 or older with disabilities who meet Medicaid's Nursing Facility Level of Care and financial criteria.

Advocacy and Outreach

1,366 people served/3,493 hours

Agency-wide efforts to identify, connect and assist older adult minority populations including the economically disadvantaged, disabled or members of a minority.

Transportation

368 people served/29,362 hours

Provides rides to doctor appointments and related healthcare as well as routine errands including grocery shopping.

Disease Prevention and Health Promotion

57 people served/135 hours

Provides information and support to older individuals with the intent of assisting them in avoiding illness and improving health status.

Medication Management

753 people served/3,549 hours

Provides direct assistance in managing the use of both prescription and over the counter medication.

1 unit=1 encounter with a participant, 1 meal, or 15 minutes of direct service.

2022 In-Home Services

Chore Services

415 people served/2,243 hours

Provides heavy cleaning including window or wall washing and yardwork. The person must be unable to do the work.

Homemaking

1,012 people served/27,727 hours

Housekeeping, meal preparation, and laundry service for people who are unable to do it on their own.

Home-delivered Meals

5,585 people served/738,022 meals served

Provides a hot and nutritious meal to the home-bound older adult.



Congregate Nutrition

3,321 people served/146,171 meals served

Provides a hot, nutritious meal served in a group setting, often with social activity and fellowship.

Personal Care

396 people served/12,867 hours

Assistance with bathing, dressing and grooming.

Respite

171 people served/8,993 hours

Funds a temporary caregiver as a relief to the primary caregiver.



TSR Respite

12 people served/1,666 hours

Funds a temporary caregiver as a relief to the primary caregiver using Tobacco Settlement funds.

Unmet Needs/Chore Services

28 people served/28 units

Uses funding to provide non-continuous maintenance tasks as a way of reducing the risk of injury to the older adult.



2022 Community Services

Adult Day Care

68 people served/32,770 hours

Funding supports programs in the community that provide social and rehabilitative activities.

Caregiver Supplemental Services

218 people served/242 hours

Provides goods and services for caregivers when needs cannot be met by traditional funding sources or other community programs.

Caregiver Training

484 people served/3,405 hours

Provides education for family caregivers on topics including dementia, homemaking and personal care.

Elder Abuse Prevention

8 people served/9 hours

Outreach and education designed to prevent self-neglect, abuse, and financial exploitation of older adults.

Evidence-based Programs

154 enrollees/222 completers

Research-based workshops designed to improve health or manage a chronic health condition.

Home Repair

91 people served/1,457 hours

Uses funding to make repairs necessary to keep home safe for the older adult.

Kinship Outreach and Support

56 people served/59 outreach events

Pertinent support and programs for adults age 55 and older who are raising a relative's child.

Legal Services

360 people served

Provides legal assistance and referrals to attorneys on civil matters that impact older adults.



2022 Community Services

Long-term Care Ombudsman

3,980 persons served/1,770 hours

Funds ombudsmen to help residents of skilled nursing facilities resolve care issues.

Senior Center Operations

79 people served/1,893 hours

Funding supports senior center operations in a number of communities.

Senior Center Staffing

382 people served/5,787 hours

Provides funding to support the wages of senior center staff.

Slip/Fall Safety

387 people served/768 units

Provides funding for elderly homeowners who have a special need for home modification so they can continue living independently.

Utility Assistance

46 people served/45 units

Utility assistance for people who have exhausted all other sources of funding.

Veteran Self-Directed and Community-based Services

2 people served

Service delivery coordination for Veterans referred to Region VII AAA by the Veterans Administration.

Unmet Needs/Home Repair

25 people served/27 units

Friendly Reassurance

1,388 people served

Providing regular contact, through either telephone or in-home visits, with homebound older persons to assure their wellbeing and safety and providing companionship and social interaction.

Care Transitions

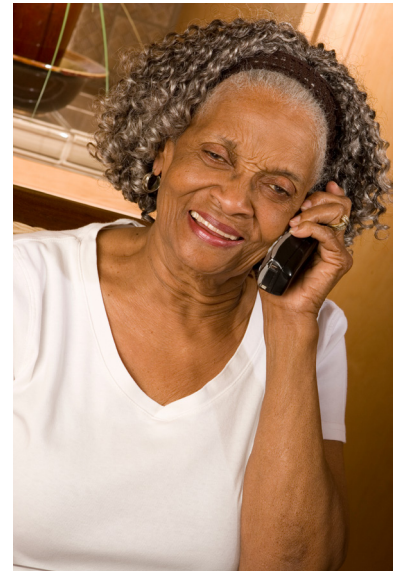
638 people served /1,836 hours

Provides interventions to improve transitions via actions designed to ensure the coordination and continuity of health care as patients transfer out of the hospital setting.

Gap Filling/Special Needs

37 people served/112 Units

Providing services and equipment to fill crucial identified needs that are not met by existing informal and formal resources.



2022 Service Providers

Access Construction & Design
Accurate Home Care
Agape Care Systems, Inc.
Allegiance Home Healthcare Agency
Ascension St. Mary's Hospital d/b/a St. Mary's of Michigan Guardian Angel Respite & Adult Day Services
Asona Home Health LLC
Auburn Fields Assisted Living II, LLC
Auburn Heights Senior Care
Auntie A.C.E. Staffing, Inc.
Autumn Ridge Gardens AFC
Barton Woods Assisted Living
Bavarian Comfort Care
Bay City Comfort Care
Bay County Department on Aging
Bayfield Assisted Living
Bella Home Care
Best Buy Health, Inc.
Birch Run Fields
CareBuilders at Home, LLC
Cascades Senior Living
Chesaning Comfort Care, LLC
Clare County Senior Services
Close to Home - Saginaw
Close to Home Assisted Living E.S. Union
Close to Home Assisted Living Riegel I
Colonnades
ComForcare Home Care
ComForcare Home Care - Sheridan Home Care
Comfort Care Companion, LLC
Compassionate Care Home Health Services, Inc.
Country Care Assisted Living
Country Friends AFC Inc.
Daily Living Home Care, Inc.
DEB AFC, Inc.
Deer Run Rehabilitation, Inc.
Disability Made Easy, LLC
Delisle Lawn Care and Excavating
Family Home Health Care Services, LLC
First Class Health Care Staffing
Friendly Acres
Friends Who Care - Montrose LLC
From The Heart AFC, LLC
Gladwin County Council on Aging
Golden Horizons/Bay County Child & Sr. Citizens Center
Gratiot County Commission on Aging
Green Acres Assisted Living
GT Independence
Guardian Medical Monitoring
Health Care At Home, PC
Heard Home Care Solutions, Inc. dba Heard Home Care
Helping Hand Nursing Service
Heritage Hill
Homestyle Direct, LLC
Home Medical Technologies, Inc
Horizon Senior Living II
Horizon Senior Living V & VI
Human Development Commission
In Your Golden Years

2022 Service Providers

Isabella County Commission on Aging
K and K Quality Care, Inc.
Kindy Care Center, Inc.
LaJoy FI, LLC
LaJoy Group, Inc.
Lighthouse
Loya AFC Home
Maple View Assisted Living, Inc.
Margaret's Meadows
Marshall Manor Assisted Living
Mercy Plus Home Healthcare Inc.
Michigan Transportation Connection
Midland County Council on Aging
Midland County Pine Crest Farms
Niche Aging and Adult Day Care
Niche Aging Clare OP INC
Niche Aging - Hampton
Northwood Meadows
Nottingham Place
Olson Manor, LLC
Ordish AFC Home, Inc.
Pioneer Golden Estates
Plainview Assisted Living
Prestige Centre
Primary Home Care

Property Guardian
Purfoods, LLC dba Mom's Meals
PVM - Village of Rosebush Manor
R & R AFC Home, Inc.
Rachel Sovereign Home
Region VII Complete Community Care
ReliaCare Agency, Inc
Right At Home - Northern Michigan
Rosewood 1 & 2
Safe Hands Warm Hearts, Inc.
Saginaw County Commission on Aging
Saginaw Medical Service
Satchell Christian Retirement Home, Inc.
Shields Comfort Care LLC
Simply EZ HDM of Northwest Ohio, LLC
Stephanie's Trusted & Unique Home Health
Care Agency LLC
Stone Crest Senior Living
Stonegate Village Assisted Living
Stuart T. Wilson CPA, PC
That Touch of Class AFC
The Brook of Gladwin
The Rose Garden, Inc.
Timberline Lodge
Vadavilla AFC Home

Thank you

Sunrise PACE



Sunrise PACE officially opened on November 1, 2021

191 participant months of service provided

6 months is the average number of months a participant is enrolled in PACE

752 hours of homecare service provided

37 participants were enrolled in PACE from November 2021 – September 2022

1786 prescriptions written



**Program of All-Inclusive
Care for the Elderly**



2022 Advisory Council

Advisory Council members are appointed by the County Commissions. They work to educate and advocate within their communities by visiting senior centers and dining sites where they seek input on senior programs, unmet needs, and listen to suggestions. The Advisory Council meets ten times a year to share this information with Region VII AAA.

Bay County

Melvin McNally, Vice-Chair

Clare County

Sandra Bristol

Gladwin County

Daniel Sheehan

Gratiot County

Diane Conroy-Kellogg, Secretary

Huron County

Wayne Susalla

Isabella County

Jacqueline Curtis

Midland County

Vacant

Saginaw County

Jack Tany

Sanilac County

William Walters, Chair & Labor Representative

Tuscola County

Henry Wymore

HealthCare Representative

Mary Donnelly

All counties

Minority Representative

Vacant

**OLDER
AMERICANS
MONTH**



AGING UNBOUND: MAY 2023



REGION VII AREA AGENCY ON AGING

1615 S. Euclid Ave., Bay City, MI 48706

Phone: (989) 893-4506 • Toll Free 1-800-858-1637

www.region7aaa.org



3 YEARS