

# OLDER AMERICANS MONTH



AGE OUT LOUD: MAY 2017

---



Region VII Area Agency on Aging

Annual Report  
Fiscal Year 2016



Dear Friends and Colleagues!

A share of the 10,000 Americans who turn 65 each day live in Region VII's planning and service area, along with Michigan's fastest growing population of people who are already 85 or older. In some of the communities we serve nearly one in five residents are age 60 or older and eligible to participate in Older American Act programs. This past year we laid some groundwork for the future of service delivery, with highlights including CARF Accreditation, securing a Medicare billing number, and surpassing our goals for serving persons in the Medicaid MI Choice home and community-based waiver.

In June, Region VII AAA demonstrated competency in case management, home and community-based services and aging services network to be awarded a three-year accreditation by CARF the international, independent Commission for Accreditation of Rehabilitation Services.

Following industry trends and using grant-funded programming Region VII AAA along with others in the 4AM network increased offerings of evidence-based workshops for older adults. Emphasis on disease prevention and self-management of Type II Diabetes along with Falls Prevention proved to be attractive to older adults. As the year progressed, Region VII AAA identified a potential revenue stream related to these workshops, and has since begun billing Medicare for MNT medical nutrition therapy.

The Medicaid MI Choice home and community-based waiver continues to be the largest program administered at Region VII AAA, serving over 1,000 people in fiscal year 2016. Almost twenty years old, this nursing facility diversion continues to provide residents who meet the state's nursing facility level of care, and financial requirements with options for aging in place, most often at home, or in a community setting. We are grateful for the contracted service providers, purchase of service vendors, and other providers working to meet the needs of these clients.

Advocacy efforts continued in 2016 to make Michigan a "no-wait" state for aging services. Other "hot button" issues included an effort to protect federal funding for MMAP, the Medicare Medicaid Assistance Program, raising awareness of the importance of Social Security, and working to protect pensions of state retirees. We acknowledge the hundreds of hours of service donated by Michigan Senior Advocate Council members, the Region VII AAA Advisory Council and the grass roots Senior Advisory group along with residents of the communities we serve.

In December, Region VII AAA celebrated the retirement of Andrew Orvosh and welcomed Bob Brown as the agency's new leader. Mr. Brown comes to Region VII AAA with an impressive track record of agency management and political experience. We thank staff, Board of Directors, Advisory Council who work along with service providers, and community agencies to make service delivery possible to the older adults and persons with disabilities in our region who are aging in place. Thank you for your interest in the work we do.

Yvonne Corbat  
Board Chairwoman

## 2016 Financial Information

---

### REVENUE

Federal Funds.....	3,708,311
State Funds.....	2,637,098
MI Choice Medicaid Waiver.....	24,556,255
Veterans Directed Home & Community Based.....	312,689
Nutrition Services Incentive Program.....	722,658
Local Contributions/In-kind/Other.....	425,655
<b>TOTAL.....</b>	<b><u>32,362,666</u></b>

### EXPENDITURES

AAA Administration.....	367,619
Title III-B Services.....	1,145,584
Senior Community Service Employment.....	547,458
Congregate Nutrition.....	486,848
Home Delivered Meals.....	1,648,573
Preventive Health.....	52,502
National Family Caregiver Support.....	323,592
Elder Abuse Prevention.....	12,993
Medicare/Medicaid Assistance Program.....	115,638
State In-Home and Community Services.....	1,158,913
State Ombudsman.....	57,172
Care Management.....	491,713
MI Choice Medicaid Waiver.....	24,491,722
Nutrition Services Incentive Program.....	722,658
Veterans Directed Home & Community Based.....	312,689
Other Grants/Services.....	128,631
Local Expenditures.....	382,291
Excess (Deficit) Support and Revenue.....	<b><u>(83,930)</u></b>
<b>TOTAL: .....</b>	<b><u>32,362,666</u></b>

## 2016 Board of Directors

---

The Region VII Area Agency on Aging Board of Directors is made up of County Commission appointees, and an appointee from the City of Saginaw representing the interests of people age 60 and older who reside in their respective County. The Advisory Council Chair is also a member of the Board of Directors.

**Leonard Ballosh**  
Saginaw County

**Patrick Beson**, Treasurer  
Bay County

**Linda Birgel**  
Gladwin County

**Annie Boensch**  
Member-at-Large  
City of Saginaw

**Yvonne Corbat**, Chair  
Midland County

**Lynn Grim**  
Clare County

**Reverend William Sanders**  
Tuscola County

**Donald Hunt**  
Sanilac County

**Linda Johnson**  
Gratiot County

**Thompson Moffit**, Vice-Chair  
Isabella County

**William Walters**  
Advisory Council Representative  
Sanilac County

**Hank Weitenberner**, Secretary  
Huron County

IN MEMORY – It is with sadness we say goodbye to Kenneth Hess, a member of the Region VII Area Agency on Aging Board of Directors from Tuscola County, who served for 22 years on behalf of the Seniors. Ken served as Chairman in 1998, 1999 and 2000, Vice-Chair in 1996 and 1997, and on the Ad-Hoc Building Committee in 2003. Ken farmed all of his life and was also employed by the Eaton Foundry in Vassar for twenty-two years. He served twelve years as a Tuscola County Commissioner. We are deeply saddened by his death.

## 2016 Advisory Council

---

The Area Agency on Aging Advisory Council members are appointed by County Commissions. This group is charged with visiting Senior Centers, dining sites, and interacting with people age 60 and older in their county and bringing concerns to their meetings. Additional representatives include organized labor, minorities, and healthcare.

***Vicente Castellanos***

Minority Representative  
All ten counties

***Diane Conroy-Kellogg***

Gratiot County

***Jacqueline Curtis***, Secretary

Isabella County

***Mary Donnelly***

Health Care Representative  
All ten counties

***Melvin McNally***, Vice-Chair

Bay County

***Richard Osburn***

Midland County

***LaVel Smith***

Gladwin County

***Charles Stack***

Saginaw County

***Michael Tobin***

Clare County

***Steve Vaughan***

Huron County

***William Walters***, Chair

Sanilac County  
Labor Rep.- All ten counties

***Henry Wymore***

Tuscola County

## 2016 Community Services

---

### Persons Served

170 47,068	<i>Adult Day Care</i> —Provides programs in the community which provide social and rehabilitative activities.
227 241 units	<i>Caregiver Supplemental Services</i> —Provides goods and services for caregivers when needs cannot be met by traditional funding sources, or other community programs.
672 5,831 units	<i>Caregiver Training</i> —Provides education for family caregivers on topics including dementia, homemaking, and personal care.
195,319 237,558 units	<i>Congregate Nutrition</i> —Provides nutritious hot meals served in group settings with fellowship and recreational activities.
45 595 units	<i>Disease Prevention/Health Promotion</i> —Provides health education and promotion to prevent health related diseases.
853 1,194 units	<i>Elder Abuse Prevention</i> —Provides training, outreach and education specific to the prevention of elder abuse, self-neglect and financial exploitation.
570 531 units	<i>Evidence-based Programs</i> —Workshops to improve health, or manage chronic conditions using university-tested programs.
120 2,346 units	<i>Home Repair</i> —Provides home repairs necessary for health and well-being of a vulnerable older adult.
63 108 units	<i>Kinship Program</i> —Provides supports and services for older adults raising relatives children.

\*Available Monday through Friday by phone 1-800-858-1637  
or walk-in at the Bay City office.

## 2016 In-Home Services

---

### Persons Served

- 382 *Chore Services*—Provides heavy cleaning, including wall and window washing and yard work. Persons must be unable to do the work themselves.  
1,849 units
- 1,219 *Homemaking*—Provides housekeeping, meal preparation and laundry services when people are unable to do the work themselves.  
35,879 units
- 5,202 *Home-delivered Meals*—Provides a hot nutritious meal delivered to the participant's home at noon-time.  
806,627 units
- 494 *Personal Care*—Provides assistance with bathing, dressing and grooming.  
25,228 units
- 287 *Respite Care*—Provides a temporary caregiver available on a limited basis to give the primary family caregiver a break.  
20,714 units
- 53 *TSR Respite*—Provides respite care, which is a temporary break for the caregiver, funded by Tobacco Settlement funds.  
8,397 units
- 28 *Unmet Needs-Chore Services*—Provides non-continuous household maintenance tasks intended to increase the safety of the individuals living at the residence.  
29 units

*Services are paid for in part by the Older Americans Act and provided by the County Units on Aging and contracted service providers, unless otherwise stated.*

*\*One unit typically equals one person, or 15 minutes of service.*

## 2016 Community Services

---

### Persons Served

- 783 *Legal Service*—Provides legal assistance and referrals to attorneys on 3,427 units matters affecting older adults.
- 4,609 *Long-term Care Ombudsman*—Funds ombudsmen to help residents of 2,883 units skilled nursing facilities resolve care issues.
- 28 *Medical Transportation*—Provides non-emergency transportation to and 88 units from medical appointments.
- 145 *Senior Center Operations*—Provides for senior center operations. 1,415 units
- 847 *Senior Center Staffing*—Provides funding to support the wages of senior 6,946 units center staff.
- 71 *Senior Community Services Employment Program*—Provides a work- force training program for older adults.
- 575 *Slip/Fall Safety*—Provides funding to pay for modifications that optimize 881 units safety in the home.
- 41 *Unmet Needs—Home Repair*—Provides funds for elderly homeowners 43 units who have a special need for home modifications so they can continue living independently.
- 41 *Utility Assistance*—Provides utility assistance funding to people who have exhausted all other sources of funding.
- 11 *Veterans Self-Directed Home and Community-based Service*— 88,118 units Assists veterans referred to Region VII AAA by Veterans Administration to determine how services are delivered.



## 2016 Contracted Service Providers

---

A & D Home Health Care  
A Change of Seasons Home Health Care, LLC  
AAA Transport and Limousine  
Access Construction & Design  
Advanced Home Care Private Duty  
Affordable Nursing, Inc.  
Agape Care Systems, Inc.  
Almost Heaven Home Care, LLC.  
Arbor Grove Assisted Living  
At Home Care For You  
ATC Healthcare Services, Inc.  
Auburn Fields Assisted Living II, LLC  
Auburn Heights Senior Care  
Auntie A.C.E. Staffing, Inc.  
Barton Woods Assisted Living  
Bavarian Comfort Care  
Bay City Comfort Care  
Bay County Division on Aging  
Bayfield Assisted Living  
Bella Home Care  
Bickford Senior Living  
Blue Water Center for Independent Living  
Brenda's Almost Heaven  
Brook Retirement Communities  
Caldana Adult Care Services, Inc.  
Caring Place  
Cascades Senior Living  
Clare County Senior Services  
Close to Home Assisted Living  
Close to Home Assisted Living E.S. Union  
Close to Home Assisted Living Hampton, LLC  
Close to Home Assisted Living Riegel I  
CMU Healthcare  
Colonnades  
ComForcare Home Care  
ComForcare Home Care - Sheridan Home Care  
Community Village C/O Saginaw City Rescue  
Compassionate Care Home Health Services  
Council on Aging - Gladwin County  
Crestwood Village Assisted Living  
Critical Signal Technologies  
Daily Living Home Care, Inc.  
DEB AFC, Inc.  
Dedicated In Care Enterprises, Inc.  
Deer Run Rehabilitation, Inc.  
Delisle Lawn Care and Excavating  
Disability Network of Mid-Michigan  
Dobson Healthcare Services  
Family Home Health Care Services, LLC  
Friendly Acres  
Friends Who Care, Inc.  
From The Heart AFC, LLC  
Gary Guymer Landscaping, LLC  
Golden Horizons/Bay County Child & Sr. Citizens  
Gratiot County Commission on Aging  
Great Lakes Home Care Unlimited, LLC  
Green Acres Assisted Living  
GT Independence  
Guardian Medical Monitoring

## 2016 Contracted Service Providers

---

Health Care At Home, PC  
Hearts Content  
Heaven Leigh Helping Hands, Inc.  
Helping Hand Nursing Service  
Heritage Hill  
Home Medical Technologies, Inc  
Homestead Home Health Care  
Horizon Senior Living II  
Horizon Senior Living V  
Human Development Commission  
In Your Golden Years  
Independence Village  
Isabella County Adult Day Program  
Isabella County Commission on Aging  
K and K Quality Care, Inc.  
Kindy Care Center, Inc.  
Lakeshore Legal Aid  
Leelin Home Health Care, INC.  
Lighthouse  
Loya AFC Home  
Maple View Assisted Living, Inc.  
Margaret's Meadows  
Marshall Manor Assisted Living  
McVeigh's TLC AFC Family Home  
Meadow Lane Assisted Living  
Mercy Plus Homecare Inc.  
Michigan House  
Midland Area Homes  
Midland County Council on Aging  
Midland County Pine Crest Farms  
MidMichigan Home Care  
Mom's Meals  
Narayan MedTech Equipment  
Narayan Rehabilitation  
Niche Aging and Adult Day Care  
Northwood Meadows  
Nottingham Place  
Olson Manor, LLC  
Ordish AFC Home, Inc.  
Plainview Assisted Living  
Prestige Centre II  
Prestige Place 1  
Primary Home Care  
Property Guardian  
PVM - Village of Rosebush Manor  
R & R AFC Home, Inc.  
Red Oaks AFC  
ReliaCare Agency, Inc  
Right At Home - Northern Michigan  
Riversbend Rehabilitation, Inc.  
Rosewood 1 & 2  
Safe Hands Warm Hearts, Inc.  
Saginaw County Commission on Aging  
Saginaw County Community Action Committee  
Saginaw Geriatrics Home  
Saginaw Medical Service  
Satchell Christian Retirement Home, Inc.  
Senior Home Care Solutions  
Shields Comfort Care LLC  
Smith St. Assisted Living  
St. Augustine Assisted Living  
St. Mary's Guardian Angels Adult Day Care  
Stone Crest Senior Living  
Stonegate Village Assisted Living  
Stuart T. Wilson CPA, PC  
That Touch of Class AFC  
The Rose Garden, Inc.  
Timberline Lodge  
Vadavilla AFC Home  
Vets Access LLC  
Victory AFC

**Region VII Area Agency on Aging**

1615 S. Euclid Avenue, Bay City, MI 48706

6240 W. Main Street, Cass City, MI 48726

1-800-858-1637