

# OLDER AMERICANS MONTH



ENGAGE AT EVERY AGE: MAY 2018



Region VII Area Agency on Aging

Annual Report  
Fiscal Year 2017



Dear Friends and Colleagues,

The past year has seen many changes and innovations coming to Region VII AAA. Advocacy with State Legislators is a top priority for both Federal and State funding for: the Silver Key Coalition (making Michigan a “no-wait” state), the Medicare/Medicaid Assistance Program (MMAP), the Senior Community Service Employment Program (Title V), and Home Delivered Meals (HDM’s).

Meetings are being scheduled over the next few months to meet with all county Board of Commissioners and local commissions on aging to collaborate and build strong, positive relationships, and look for opportunities for cost containment, transportation and possibly co-locating Region VII staff in the ten counties for efficiencies.

Region VII is partnering with ACLU of Michigan, Regions 8 & 11, and the Lesbian, Gay, Bi-sexual and Transgender (LGBT) community on a Michigan Health Endowment Fund (MHEF) grant to achieve policy and cultural changes. We’re also partnering on another MHEF grant with Valley Area Agency on Aging (Region V, Flint), and Ascension Mid-Michigan (Genesys and St. Mary’s Hospitals) for a Care Transitions Program to lower hospital re-admission rates.

Region VII has been contracting with McLaren Health Plan to provide Community Health Workers to help at-risk participants follow through with their health care.

IT has developed back-up, printer/copier, digital fax (by saving forests and being good stewards environmentally), and encryption plans in order to be progressive with the fast-paced changes in technology.

Two handicap-equipped vans were purchased, using funding from the MI Choice Waiver and the Aging and Adult Services Agency (AASA) programs. With the vans, we’re able to provide rides of last-resort to participants who are unable to procure rides across county lines, at a greatly reduced cost.

The Agency Board of Directors By-laws and a new Personnel Policy Handbook are being revised and should be approved in early 2018.

Although Region VII began fiscal year 2017 with a deficit, issues were identified and efficiencies implemented to the MI Choice Waiver Program, and we ended the year with a positive fund balance, which will be re-invested in our clients, through the hard work and dedication of our staff.

We’re looking forward to FY 2018 and beyond, as a Strategic Plan for the next 3 to 5 years will soon be started, along with further development of the Care Transitions Program and possibly a Community Care Organization (CCO).

A sincere thank you to the Board of Directors, Advisory Council members, staff, all of our service providers, and other community-based agencies who work so tirelessly to help our disabled and senior population remain in the setting of their choice.

Sincerely,

Bob Brown  
Executive Director

## 2017 Board of Directors

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The Region VII Area Agency on Aging Board of Directors consists of County Commission appointees, and an appointee from the City of Saginaw. They represent the interests of people age 60 and older in their respective Counties. The Advisory Council Chair is also a member of the Board of Directors.

**Leonard Ballosh**

Saginaw County

**Patrick Beson**, Treasurer

Bay County

**Linda Birgel**

Gladwin County

**Annie Boensch**

Member-at-Large  
City of Saginaw

**Yvonne Corbat**, Chair

Midland County

**Mike Tobin**

Clare County

**Reverend William Sanders**

Tuscola County

**Donald Hunt**

Sanilac County

**Cathy Timmons**

Gratiot County

**Thompson Moffit**, Vice-Chair

Isabella County

**William Walters**

Advisory Council Representative  
Sanilac County

**Hank Weitenberner**, Secretary

Huron County

## 2017 Advisory Council

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The Area Agency on Aging Advisory Council members are appointed by County Commissions. This group is charged with visiting Senior Centers, dining sites, and interacting with people age 60 and older in their county and bringing concerns to their meetings. Additional representatives include organized labor, minorities, and healthcare.

**Diane Conroy-Kellogg**  
Gratiot County

**Jacqueline Curtis**, Secretary  
Isabella County

**Joseph Sowmick**  
Saginaw Chippewa Indian Tribe

**Mary Donnelly**  
Health Care Representative  
All ten counties

**Melvin McNally**, Vice-Chair  
Bay County

**Richard Osburn**  
Midland County

**LaVel Smith**  
Gladwin County

**Charles Stack**  
Saginaw County

**Sandra Bristol**  
Clare County

**Rich Swartzendruber**  
Huron County

**William Walters**, Chair  
Sanilac County  
Labor Rep.- All ten counties

**Henry Wymore**  
Tuscola County

**Memoriam:** Remembering Vicente Castellanos, Region VII AAA Advisory Council Minority Representative and State Advisory Council member.

## 2017 Financial Information

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	<u>FY17</u>
<b>REVENUE</b>	
Federal Funds	3,611,265
State Funds	2,794,043
MI Choice Medicaid Waiver	26,084,168
Veterans Directed Home & Community Based	268,882
Nutrition Services Incentive Program	753,857
Local Contributions/In-kind/Other	<u>370,868</u>
<b>TOTAL:</b>	<b>33,883,083</b>
 <b>EXPENDITURES</b>	
AAA Administration	363,038
Title III-B Services	1,041,453
Senior Community Service Employment	504,643
Congregate Nutrition	496,279
Home Delivered Meals	1,628,385
Preventive Health	51,739
National Family Caregiver Support	312,043
Elder Abuse Prevention	12,934
Medicare/Medicaid Assistance Program	125,880
State In-Home and Community Services	1,320,152
State Ombudsman	57,172
Care Management	486,510
MI Choice Medicaid Waiver	25,104,751
Nutrition Services Incentive Program	753,857
Veterans Directed Home & Community Based	268,882
Other Grants/Services	60,346
Other Local Expenditures	304,308
Excess (Deficit) Support and Revenue	<u>990,711</u>
<b>TOTAL:</b>	<b>33,883,083</b>

## 2017 Access Services

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### Care Management—284 persons served.

Provides an assessment, person-centered Care Plan, and supports coordination for people in need of nursing facility level of care. No financial eligibility is required. Donations and cost sharing are encouraged. FY2017: 60,123 units.\*

### Case Coordination and Support—5,790 persons served.

Assists older adults in determining necessary supports, and then linking and coordinating services to meet the need. FY 2017: 31,130 units.\*

### Information & Assistance— 9,203 persons served.

Certified Information and Assistance Specialists at Region VII AAA helping people connect to programs available within the aging network. FY 2017 : 9,203 units\*\*

### Medicare & Medicaid Assistance Program (MMAP)—8,364 persons served.

Provides a combination of paid staff and volunteers throughout the planning and service area to assist people with Medicare and Medicaid questions.

### MI Choice Home and Community-based Waiver—1,253 persons served.

Provides home and community-based services and supports to people age 65 and older, and adults with disabilities who meet Medicaid Nursing Facility Level of Care and financial criteria. FY 2017 : 3,630,165 units.\*

### Outreach and Advocacy—1,731 persons served

Provides funds to identify, contact and assist low-income seniors, minorities and persons with disabilities. FY 2017 : 5,778 units.\*

### Transportation—214 persons served.

Provides transportation to stores, doctor appointments, healthcare, and other locations in the community. FY 2017 : 22,962 units.\*

\*One unit typically equals one person, or 15 minutes of service.

\*One unit equals 15 minutes of service.

## 2017 Community Services

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### Adult Day Care—149 persons served.

Provides programs in the community which provide social and rehabilitative activities.  
FY 2017 : 8,449 units.\*

### Caregiver Supplemental Services—204 persons served.

Provides goods and services for caregivers when needs cannot be met by traditional funding sources, or other community programs. FY 2017 : 213 units.\*

### Caregiver Training—703 persons served.

Provides education for family caregivers on topics including dementia, homemaking, and personal care. FY 2017 : 4,710 units.\*

### Congregate Nutrition—3,890 persons served.

Provides a nutritious hot meal served in a group setting, with fellowship and activities.\*\*

### Disease Prevention/Health Promotion—17 persons served.

Provides health education and promotion to prevent disease. FY 2017 : 312 units.

### Elder Abuse Prevention—343 persons served.

Provides training, outreach and education specific to the prevention of elder abuse, self-neglect and financial exploitation. FY 2017 : 1,864 units.\*

### Evidence-based Programs—528 persons served.

Workshops to improve health, or manage chronic conditions using university-tested programs. \*\*

### Home Repair—943 persons served.

Provides home repairs necessary for the health and well-being of a vulnerable older adult.  
FY 2017 : 2,281 units.\*

### Kinship Program—52 persons served.

Provides supports and services for older adults raising relatives children. FY 2017,  
58 units.\*

## 2017 Community Services

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### Legal Service—205 persons served.

Provides legal assistance and referrals to attorneys on matters affecting older adults.  
FY2017 : 5,152 units.\*

### Long-term Care Ombudsman—4,733 persons served.

Funds ombudsmen to help residents of skilled nursing facilities resolve care issues.  
FY 2017 : 2,746 units.\*

### Senior Center Operations—168 persons served.

Provides for senior center operations.\*\*

### Senior Center Staffing—763 persons served.

Provides funding to support the wages of senior center staff. \*\*

### Slip/Fall Safety—516 persons served.

Provides funds for elderly homeowners who have a special need for home modifications so they can continue living independently. FY 2017 : 895 units.\*

### Utility Assistance—53 persons served

Provides utility assistance funding to people who have exhausted all other sources of funding. FY 2017 : 55 units.\*

### Veteran Self-Directed Home and Community-based Services—10 persons

Assists veterans referred to Region VII AAA by the Veterans Administration to determine how services are delivered. FY 2017 : 76,189 units.\*

\*One unit typically equals one person, or 15 minutes of service.

\*One unit equals 15 minutes of service.



## 2017 In-Home Services

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### Chore Services—358 persons served.

Provides heavy cleaning, including wall and window washing and yardwork. Persons must be unable to do the work themselves. FY2017 : 1,836 units.\*

### Homemaking—1,043 persons served.

Provides housekeeping, meal preparation and laundry services when people are unable to do the work themselves. FY 2017 : 26,473 units.\*

### Home-delivered Meals—716,662 persons served.

Provides a hot nutritious, typically noon-time meal delivered to the participant's home.\*\*

### Personal Care—313 persons served.

Provides assistance with bathing, dressing and grooming. FY 2017 : 12,841 units.\*

### Respite Care—164 persons served.

Provides a temporary caregiver available on a limited basis to give the primary family caregiver a break. FY 2017 : 11,596 units.\*

### TSR Respite—57 persons served

Provides respite care, which is a temporary break for the caregiver, funded by Tobacco Settlement funds. FY 2017 : 5,217 units.\*

### Unmet Needs, Chore Services—21 persons served.

Provides non-continuous household maintenance tasks intended to increase the safety of the individuals living at the residence.\*\*

*Services are paid for in part by the Older Americans Act and provided by the County Units on Aging and contracted service providers.*

\*One unit typically equals one person, or 15 minutes of service.

\*One unit equals 15 minutes of service.

## 2017 Contracted Service Providers

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A & D HOME HEALTH CARE INC.  
A CHANGE OF SEASONS HOME HEALTH CARE, LLC  
AAA TRANSPORT AND LIMOSINE  
ACCESS CONSTRUCTION & DESIGN  
ADVANCED HOME CARE PRIVATE DUTY  
AFFORDABLE NURSING, INC.  
AGAPE CARE SYSTEMS  
ALMOST HEAVEN HOME CARE, LLC  
ARBOR GROVE ASSISTED LIVING  
ASONA HOME HEALTH LLC  
AT HOME CARE FOR YOU, LLC  
ATC HEALTHCARE SERVICES INC  
AUBURN FIELDS ASSISTED LIVING II, LLC  
AUBURN HEIGHTS SENIOR CARE  
AUNTIE A.C.E STAFFING, INC.  
BARTON WOODS ASSISTED LIVING  
BAVARIAN COMFORT CARE  
BAY CITY COMFORT CARE  
BAY COUNTY DEPARTMENT ON AGING  
BAYFIELD ASSISTED LIVING  
BELLA HOME CARE  
BICKFORD SENIOR LIVING  
BRENDA'S ALMOST HEAVEN  
BROOK OF GLADWIN, THE  
CASCADES SENIOR LIVING, THE  
CLARE COUNTY SENIOR SERVICES  
CLOSE TO HOME ASSISTED LIVING - E.S. UNION  
CLOSE TO HOME ASSISTED LIVING - RIEGEL  
CLOSE TO HOME ASSISTED LIVING -TWO MILE  
CLOSE TO HOME ASSISTED LIVING HAMPTON, LLC  
CLOSE TO HOME ASSISTED LIVING-FISHER  
CLOSE TO HOME ASSISTED LIVING-KASEMEYER  
COLONNADES, THE  
COMFORCARE HOME CARE  
COMFORCARE MID-MICHIGAN - SHERIDAN HOME CARE  
COMMUNITY VILLAGE - ADULT FOSTER CARE  
COMPASSIONATE CARE HOME HEALTH  
COUNTRY FRIENDS AFC INC.  
CRESTWOOD VILLAGE ASSISTED LIVING  
CRITICAL SIGNAL TECHNOLOGIES  
D.E.B. AFC, INC.-FAYETTE  
D.E.B. AFC, INC.-STUDOR  
D.E.B. AFC, INC.-TOWERLINE  
DAILY LIVING HOMECARE, INC.  
DEDICATED IN CARE ENTERPRISES, INC.  
DEER RUN REHABILITATION, INC.  
DELISLE LAWN CARE AND EXCAVATING  
DEMETER LLC  
DISABILITY NETWORK OF MID-MICHIGAN  
DOBSON HEALTHCARE SERVICES INC.  
FAMILY HOME HEALTH CARE SERVICES, LLC  
FRIENDLY ACRES  
FRIENDS WHO CARE, INC  
FROM THE HEART AFC, LLC - KASEMEYER  
FROM THE HEART AFC, LLC - TWO MILE  
GARY GUYMER LANDSCAPING, LLC  
GLADWIN COUNTY COUNCIL ON AGING  
GLCI, INC.  
GOLDEN HORIZONS ADULT DAY CARE  
GRATIOT COUNTY COMMISSION ON AGING  
GREAT LAKES HOME CARE UNLIMITED, LLC  
GREEN ACRES ASSISTED LIVING  
GT INDEPENDENCE  
GUARDIAN MEDICAL MONITORING  
HEALTH CARE AT HOME, PC  
HEART'S CONTENT  
HEAVEN LEIGH HELPING HANDS, INC.  
HELPING HAND NURSING SERVICE, INC.  
HERITAGE HILL  
HOLT TRANSPORTATION  
HOME MEDICAL TECHNOLOGIES, INC.  
HORIZON SENIOR LIVING II - CLARE, THE  
HORIZON SENIOR LIVING V - GLADWIN, THE  
HUMAN DEVELOPMENT COMMISSION  
IN YOUR GOLDEN YEARS  
INDEPENDENCE VILLAGE  
ISABELLA COUNTY ADULT DAY PROGRAM  
ISABELLA COUNTY COMM ON AGING  
K AND K QUALITY CARE, INC.  
KINDY CARE CENTER, INC.

## 2017 Contracted Service Providers

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LAJOY FI, LLC  
LAJOY GROUP, INC.  
LAURUS HOME CARE  
LEELIN HOME HEALTH CARE, INC.  
LIGHTHOUSE INC., THE  
LOYA AFC HOME  
MAPLE VIEW ASSISTED LIVING, INC.  
MARGARET'S MEADOWS, LLC  
MARSHALL MANOR ASSISTED LIVING  
MEADOW LANE ASSISTED LIVING  
MERCY PLUS HOME HEALTHCARE  
MICHIGAN HOUSE  
MIDLAND COUNTY COUNCIL ON AGING  
MIDLAND COUNTY PINE CREST FARMS  
MIDMICHIGAN HOME CARE  
MOM'S MEALS  
NARAYAN REHABILITATION INC.  
NICHE AGING CENTER  
NORTHWOOD MEADOWS  
NOTTINGHAM PLACE  
OLSON MANOR, LLC  
ORDISH AFC HOME INC  
PLAINVIEW ASSISTED LIVING  
PRESTIGE CENTRE II  
PRESTIGE CENTRE II  
PRESTIGE PLACE I  
PRIMARY HOME CARE  
PROPERTY GUARDIAN  
PVM - VILLAGE OF ROSEBUSH MANOR  
R & R AFC HOME, INC.  
RED OAKS AFC  
RELIACARE  
REMER PLUMBING & HEATING  
RIGHT AT HOME-NORTHERN MICHIGAN  
RIVERSBEND REHABILITATION, INC.-ARCTIC DRIVE  
ROSE GARDEN - ELKTON  
ROSE GARDEN - PIGEON  
ROSEWOOD I AND II  
SAFE HANDS WARM HEARTS  
SAGINAW COUNTY COMM ON AGING  
SAGINAW GERIATRICS HOME  
SAGINAW MEDICAL SERVICES INC.  
SATCHELL CHRISTIAN RETIREMENT HOME, INC.  
SHIELDS COMFORT CARE LLC  
SMITH STREET ASSISTED LIVING  
ST. AUGUSTINE ASSISTED LIVING  
ST. AUGUSTINE-ARTHUR STREET  
ST. MARY'S GUARDIAN ANGELS ADULT DAY CARE  
STONE CREST SENIOR LIVING  
STONEGATE VILLAGE  
STUART T WILSON CPA, PC  
THAT TOUCH OF CLASS - AFC  
TIMBERLINE LODGE  
VADAVILLA AFC HOME  
VETS ACCESS, LLC  
VICTORY AFC  
VICTORY AFC, INC  
VICTORY TRANSPORT

Region VII Area Agency on Aging

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[www.region7aaa.org](http://www.region7aaa.org)

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